INFORMATION AND RESOURCES FOR THIS PERIOD OF REMOTE LEARNING
COMPILED BY THE MULTICULTURAL RESOURCE CENTER
Updated 9/22/2020

Most Current Penn State Virus Information (including frequently asked questions): Here
COVID-19 Dashboard (data on Penn State’s COVID-19 surveillance testing program): Here
COVID-19 Support (including tracing, quarantine and isolation, and reporting forms): Here
Action Together: Advancing, Equity and Inclusion at Penn State: Here
July 30 Town Hall for Students and Families: Here
Toward Racial Equity at Penn State Roundtables: Here

Penn State News
PSU News – COVID-19 Reporting Forms: Here
PSU News – Flexible Instructional Modes for Spring 2021: Here
PSU News – Tips to Practice Emotional and Mental Wellness: Here
PSU News – Staying Safe at Penn State: Here
PSU News – Guidelines for Experiential Learning During Fall 2020: Here
PSU News – COVID-19 Symptom Checker (Penn State Go app): Here
PSU News – Coronavirus: What to Do if I Feel Sick?: Here
PSU News – State College Borough Ordinance: Here
PSU News – COVID-19 testing and contact tracing: Here
PSU News – Masking and Social Distancing Policies: Here

Academics
Flexible Instructional Modes (spring 2021): Here
Keep Learning (learning at home resources): Here
Library Remote Resources: Here
Penn State Learning: Tutoring and Learning Support Resources:  [Here](#)

Undergraduate Grade Forgiveness Policy (effective SU20):  [Here](#)

**Penn State Resources**

List of Contacts and Resources for Penn Staters:  [Here](#)

CAPS Life Hacks:  [Here](#)

Career Counseling (Nittany Lion Careers):  [Here](#)

Career Services (including virtual career fairs):  [Here](#)

Federal Emergency Aid Grant for Students (frequently asked questions):  [Here](#)

Housing Fall Semester:  [Here](#)

Office of Student Aid:  [Here](#)

Office of Student Care and Advocacy:  [Here](#)

Penn State Weblabs (remote access to lab computers):  [Here](#)

Student Legal Services:  [Here](#)

University Health Services (includes Telemedicine):  [Here](#)

University Libraries’ Remote Resources:  [Here](#)

**Other Penn State Information**

CARES Act Emergency Financial Aid Grant:  [Here](#)

Commencement (see Penn State Frequently Asked Questions):  [Here](#)

Internet and Computer Issues (in Remote Learning FAQ):  [Here](#)

Internship Guidelines for Fall 2020:  [Here](#)

Lion Cash Refund Form:  [Here](#)

Lion’s Pantry:  [Here](#)

Paw Prints Printing Kiosks:  [Here](#)

Penn State Eats (mobile ordering):  [Here](#)

Remote Learning On-Campus Rooms (Penn State Go app):  [Here](#)

Resources for Victims of Sexual Assault:  [Here](#)

“Study Smarter” Virtual Workshops:  [Here](#)
Victim and Survivor Support and Advocacy (for dating, domestic or relationship violence): [Here]

Virtual CAPS Chat: [Here]

Virtual Fitness Opportunities: [Here]

Voter Registration and Election Information: [Here]

Wellness Services: [Here]

You@PSU Online Portal (resources for academics, well-being, and involvement): [Here]

Helpful Links Unrelated to Penn State:

Pennsylvania Supplemental Nutrition Assistance Program (SNAP) for food assistance: [Here]

State College Food Bank: [Here]

Aunt Bertha – The Social Care Network (for free or reduced cost services in U.S.): [Here]

Storage Squad (student storage): [Here]

Tips for remote learning during the coronavirus outbreak: [Here]

33 Top Tips for Distance Learning Students: [Here]

THE MRC COUNSELORS ARE HERE FOR YOU!