INFORMATION AND RESOURCES FOR THIS PERIOD OF REMOTE LEARNING
COMPILED BY THE MULTICULTURAL RESOURCE CENTER
Updated 12/1/2020

Most Current Penn State Virus Information (including frequently asked questions): [Here]
COVID-19 Dashboard (data on Penn State’s COVID-19 surveillance testing program): [Here]
COVID-19 Support (including tracing, quarantine and isolation, and reporting forms): [Here]
Action Together: Advancing, Equity and Inclusion at Penn State: [Here]
Toward Racial Equity at Penn State Roundtables: [Here]

Penn State News
PSU News – Resources Available During Remote Instruction: [Here]
PSU News – Penn State Go (location-based notifications): [Here]
PSU News – Alternative Grading Policy: [Here]
PSU News – Overcoming Pandemic Fatigue: [Here]
PSU News – Isolation Shuttle: [Here]
PSU News – Spring 2021 Plans: [Here]
PSU News – COVID-19 Reporting Forms: [Here]
PSU News – Tips to Practice Emotional and Mental Wellness: [Here]
PSU News – COVID-19 Symptom Checker (Penn State Go app): [Here]
PSU News – Coronavirus: What to Do if I Feel Sick?: [Here]

Academics
Academic Advising and Support: [Here]
Alternative Grading Information and Frequently Asked Questions (Fall 2020): [Here]
Alternative Grading Policy: [Here]
Flexible Instructional Modes (spring 2021): [Here]
Keep Learning (learning at home resources): [Here](#)

Library Remote Resources: [Here](#)

Penn State Learning: Tutoring and Learning Support Resources: [Here](#)

Undergraduate Grade Forgiveness Policy (effective SU20): [Here](#)

**Penn State Resources**

List of Contacts and Resources for Penn Staters: [Here](#)

CAPS Life Hacks: [Here](#)

Career Counseling (Nittany Lion Careers): [Here](#)

Career Services (including virtual career fairs): [Here](#)

Federal Emergency Aid Grant for Students (frequently asked questions): [Here](#)

Health and Wellness Services: [Here](#)

Office of Student Aid: [Here](#)

Office of Student Care and Advocacy: [Here](#)

Penn State Weblabs (remote access to lab computers): [Here](#)

Student Legal Services: [Here](#)

University Health Services (includes Telemedicine): [Here](#)

**Other Penn State Information**

Campus Rec Registration Web Portal (to reserve workout times): [Here](#)

CARES Act Emergency Financial Aid Grant: [Here](#)

Commencement (see Penn State Frequently Asked Questions): [Here](#)

Internship Guidelines: [Here](#)

LinkedIn Learning at Penn State: [Here](#)

Lion Cash Refund Form: [Here](#)

Lion's Pantry: [Here](#)

Paw Prints Printing Kiosks: [Here](#)

Penn State Eats (mobile ordering): [Here](#)

Remote Learning On-Campus Rooms (Penn State Go app): [Here](#)

Resources for Victims of Sexual Assault: [Here](#)
Victim and Survivor Support and Advocacy (for dating, domestic or relationship violence):  
[Here]

Virtual CAPS Chat: [Here]

Virtual Fitness Opportunities: [Here]

Voter Registration and Election Information: [Here]

Wellness Services: [Here]

You@PSU Online Portal (resources for academics, well-being, and involvement): [Here]

Helpful Links Unrelated to Penn State:

33 Top Tips for Distance Learning Students: [Here]

Aunt Bertha – The Social Care Network (for free or reduced cost services in U.S.): [Here]

Central PA Food Banks: [Here]

COVID Alert PA (exposure notification app): [Here]

Feeding America (food banks network): [Here]

Pennsylvania Food Banks: [Here]

Pennsylvania Supplemental Nutrition Assistance Program (SNAP) for food assistance: [Here]

State College Food Bank: [Here]

Storage Squad (student storage): [Here]

Tips for remote learning during the coronavirus outbreak: [Here]

THE MRC COUNSELORS ARE HERE FOR YOU!